

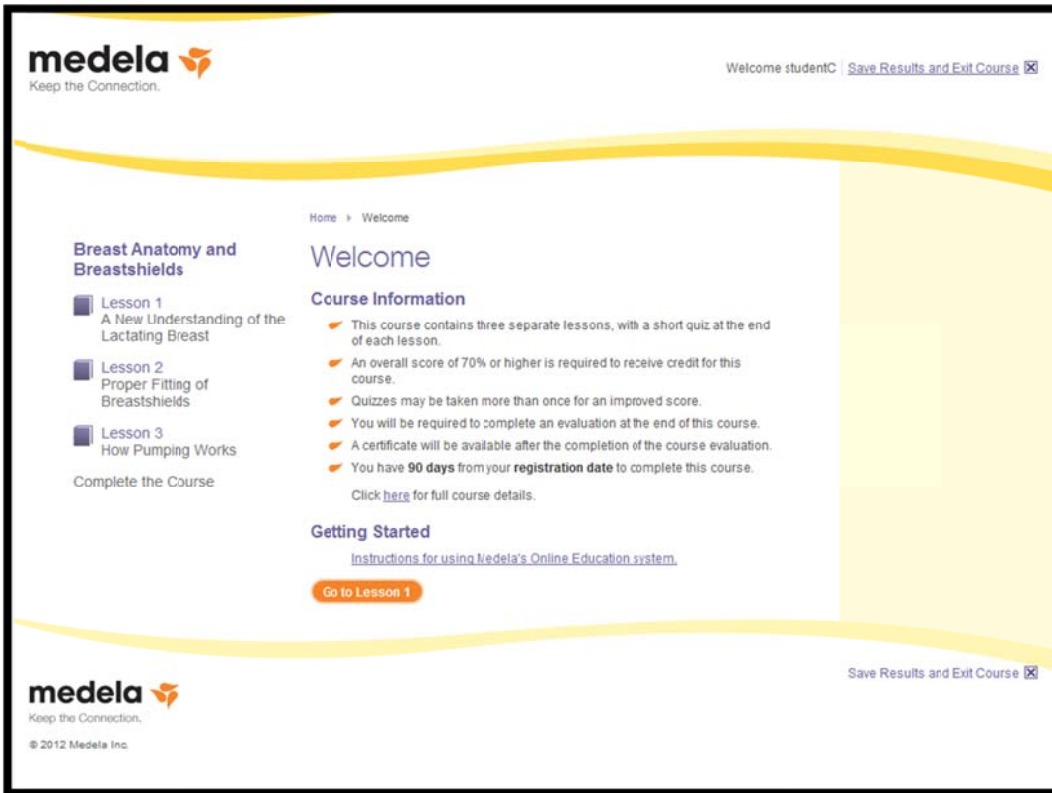
OVERVIEW

Medela Education online **Courses** have been designed to walk you through course material in a logical manner. This document will explain each area of the **Course**. In addition, basic navigation will also be covered.

A **Course** is made up of various pages. Use the table below for an explanation of these pages.

Page	Description
Welcome	This is where you start the Course. It contains information about the Course setup.
Lesson	A Lesson consists of the material that makes up the Course.
Complete the Course	The final steps to complete the Course and get credit are in Course Completion.

Each **Course** has the same basic layout, making it easy to use. Start at the top and work your way down the page.



The screenshot shows the 'Welcome' page for a course titled 'Breast Anatomy and Breastshields'. The page layout includes:

- Header:** Medela logo and 'Keep the Connection.' slogan. A user greeting 'Welcome studentC' and a 'Save Results and Exit Course' link are in the top right.
- Navigation Menu (Left):**
 - Breast Anatomy and Breastshields
 - Lesson 1: A New Understanding of the Lactating Breast
 - Lesson 2: Proper Fitting of Breastshields
 - Lesson 3: How Pumping Works
 - Complete the Course
- Main Content Area:**
 - Breadcrumb: Home > Welcome
 - Section: **Welcome**
 - Section: **Course Information**
 - This course contains three separate lessons, with a short quiz at the end of each lesson.
 - An overall score of 70% or higher is required to receive credit for this course.
 - Quizzes may be taken more than once for an improved score.
 - You will be required to complete an evaluation at the end of this course.
 - A certificate will be available after the completion of the course evaluation.
 - You have **90 days** from your **registration date** to complete this course.
 - Text: Click [here](#) for full course details.
 - Section: **Getting Started**
 - [Instructions for using Medela's Online Education system.](#)
 - Button: **Go to Lesson 1**
- Footer:** Medela logo, 'Keep the Connection.' slogan, and '© 2012 Medela Inc.' in the bottom left. A 'Save Results and Exit Course' link is in the bottom right.

TAKING A COURSE

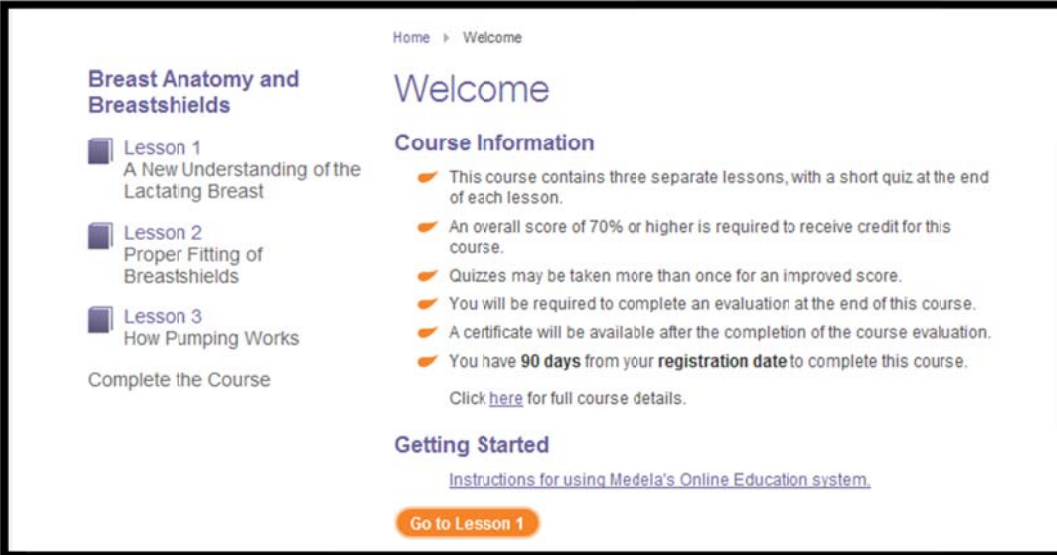
By default, you will start at the **Welcome** page. Simply start at the top and do the activity before proceeding to the next section.

Welcome Page

The **Welcome** page is where you start the **Course**. It consists of three sections:

Section	Description
Course Information	Useful details about the Course.
Getting Started	Instructions for using Medela's Online Education System.
Go to Lesson 1	A link to the first Lesson of the Course.

Here is a sample of the **Welcome** page. Your **Welcome** page should look similar to this. Start at the top and work your way down the page.



Home > Welcome

Welcome

Breast Anatomy and Breastshields

- Lesson 1
A New Understanding of the Lactating Breast
- Lesson 2
Proper Fitting of Breastshields
- Lesson 3
How Pumping Works
- Complete the Course

Course Information

- ✓ This course contains three separate lessons, with a short quiz at the end of each lesson.
- ✓ An overall score of 70% or higher is required to receive credit for this course.
- ✓ Quizzes may be taken more than once for an improved score.
- ✓ You will be required to complete an evaluation at the end of this course.
- ✓ A certificate will be available after the completion of the course evaluation.
- ✓ You have **90 days** from your **registration date** to complete this course.

Click [here](#) for full course details.

Getting Started

[Instructions for using Medela's Online Education system.](#)

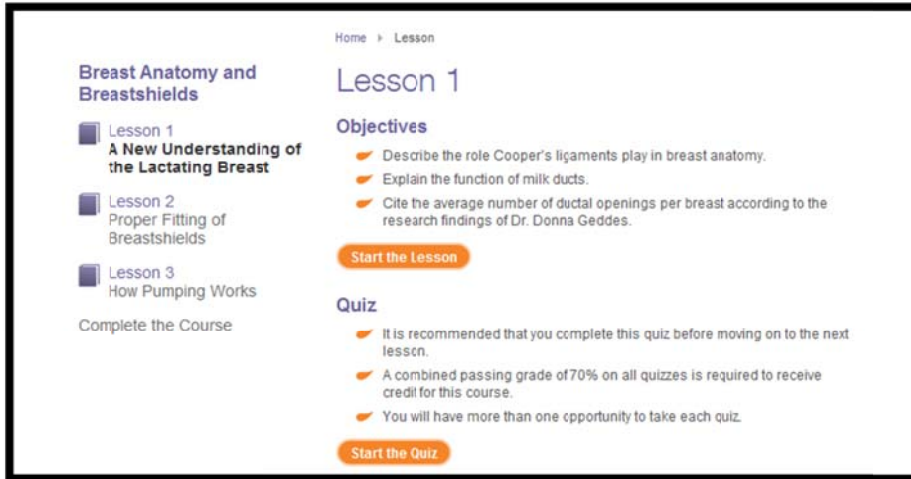
[Go to Lesson 1](#)

Lesson Page

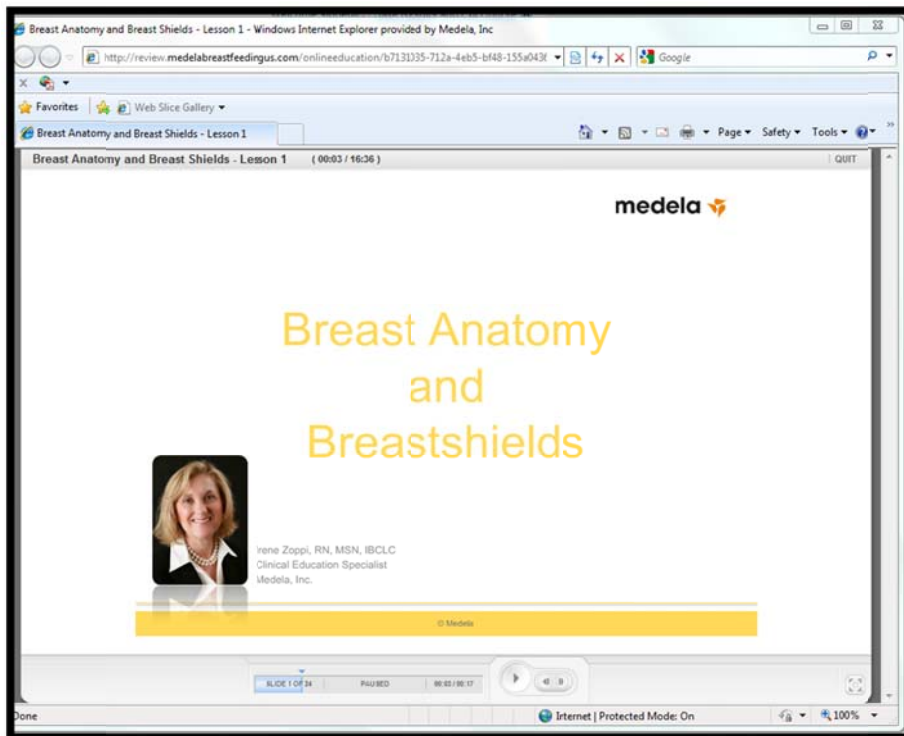
Each **Lesson** contains the information you will learn in the **Course**. **Lessons** are broken down into sections as follows:

Section	Description
Objectives	The goals of the material in the Lesson.
Start the Lesson	Contains the material to be presented in the Lesson.
Quiz	A brief set of questions to show you understood the material presented.

Each **Lesson** page will have a similar layout. Start at the top and work your way down the page.



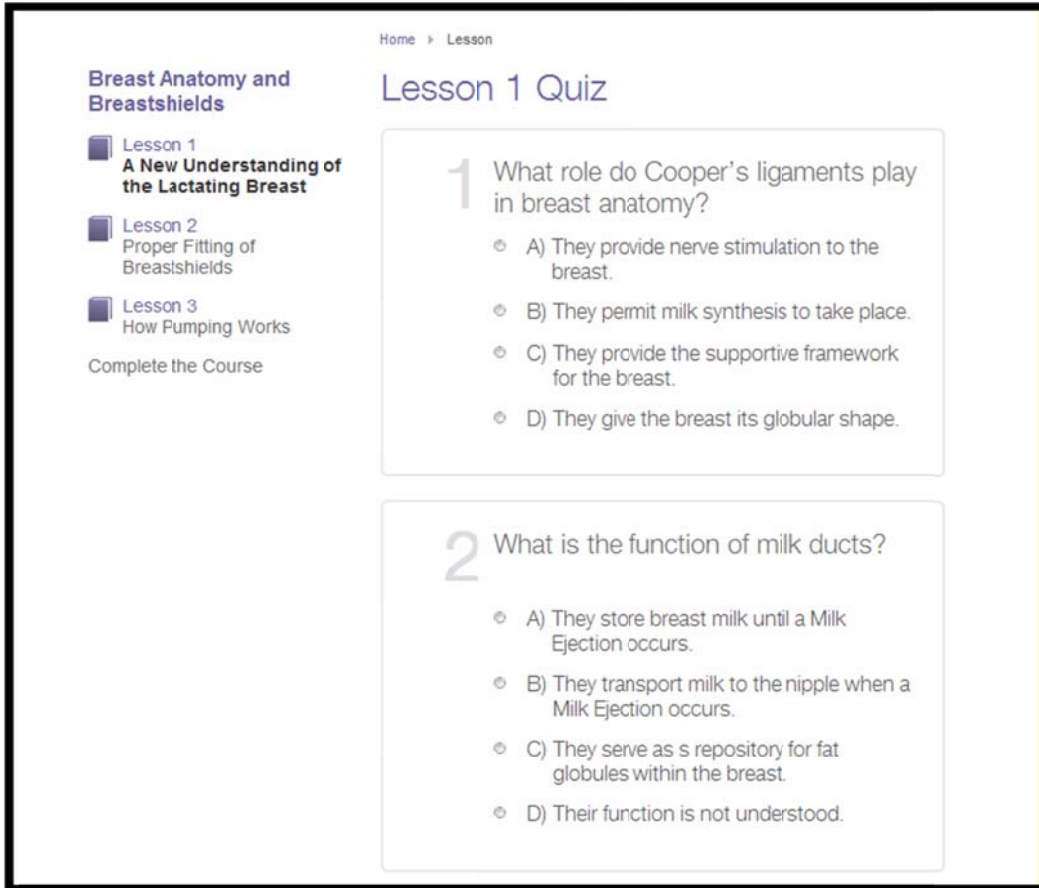
Lessons consist of narrated slides. Take the time now to turn up your speakers. The slides will advance automatically. However, you do have the ability to review a slide or stop the presentation by using the control bar at the bottom of the slide window.



Lesson Quiz Section

At the end of each **Lesson**, you are presented with a **Quiz** consisting of questions related to the material presented to you in the **Lesson**.

Quizzes will be made up of Multiple Choice and/or True/False questions.



The screenshot shows a web interface for a quiz. At the top right, it says "Home > Lesson". The main heading is "Lesson 1 Quiz". On the left side, there is a navigation menu with the following items:

- Breast Anatomy and Breastshields**
- Lesson 1: A New Understanding of the Lactating Breast
- Lesson 2: Proper Fitting of Breastshields
- Lesson 3: How Pumping Works
- Complete the Course

The quiz content consists of two questions, each in a separate box:

1 What role do Cooper's ligaments play in breast anatomy?

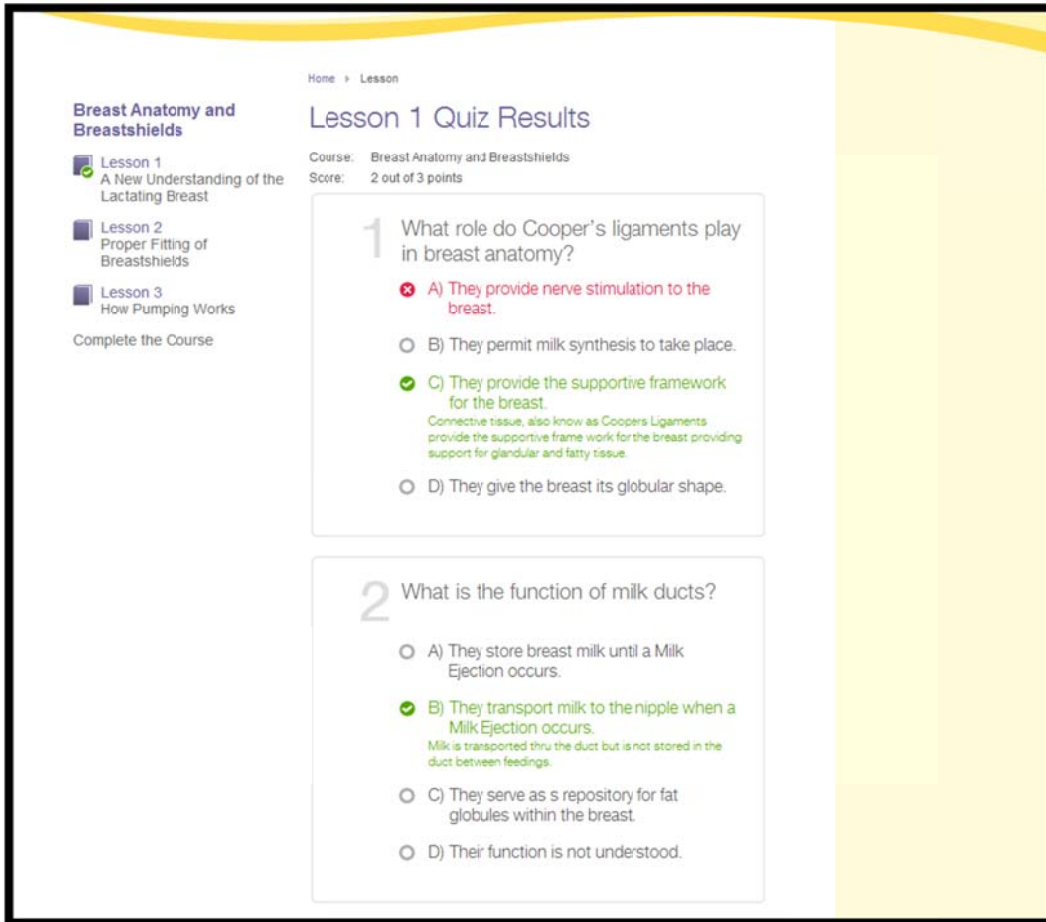
- A) They provide nerve stimulation to the breast.
- B) They permit milk synthesis to take place.
- C) They provide the supportive framework for the breast.
- D) They give the breast its globular shape.

2 What is the function of milk ducts?

- A) They store breast milk until a Milk Ejection occurs.
- B) They transport milk to the nipple when a Milk Ejection occurs.
- C) They serve as a repository for fat globules within the breast.
- D) Their function is not understood.

Scroll down to complete all questions. Click the **Save and Submit** button to continue.

You will then see your **Score**, your **Answers** and the **Correct Answers** for the **Quiz**.



Home > Lesson

Breast Anatomy and Breastshields

Lesson 1
A New Understanding of the Lactating Breast

Lesson 2
Proper Fitting of Breastshields

Lesson 3
How Pumping Works

Complete the Course

Course: Breast Anatomy and Breastshields
Score: 2 out of 3 points

1 What role do Cooper's ligaments play in breast anatomy?

A) They provide nerve stimulation to the breast.

B) They permit milk synthesis to take place.

C) They provide the supportive framework for the breast.
Connective tissue, also known as Cooper's Ligaments provide the supportive framework for the breast providing support for glandular and fatty tissue.

D) They give the breast its globular shape.

2 What is the function of milk ducts?

A) They store breast milk until a Milk Ejection occurs.

B) They transport milk to the nipple when a Milk Ejection occurs.
Milk is transported thru the duct but is not stored in the duct between feedings.

C) They serve as a repository for fat globules within the breast.

D) Their function is not understood.

Scroll down to continue. You may **Retake the Quiz** or **Continue** to the next section.

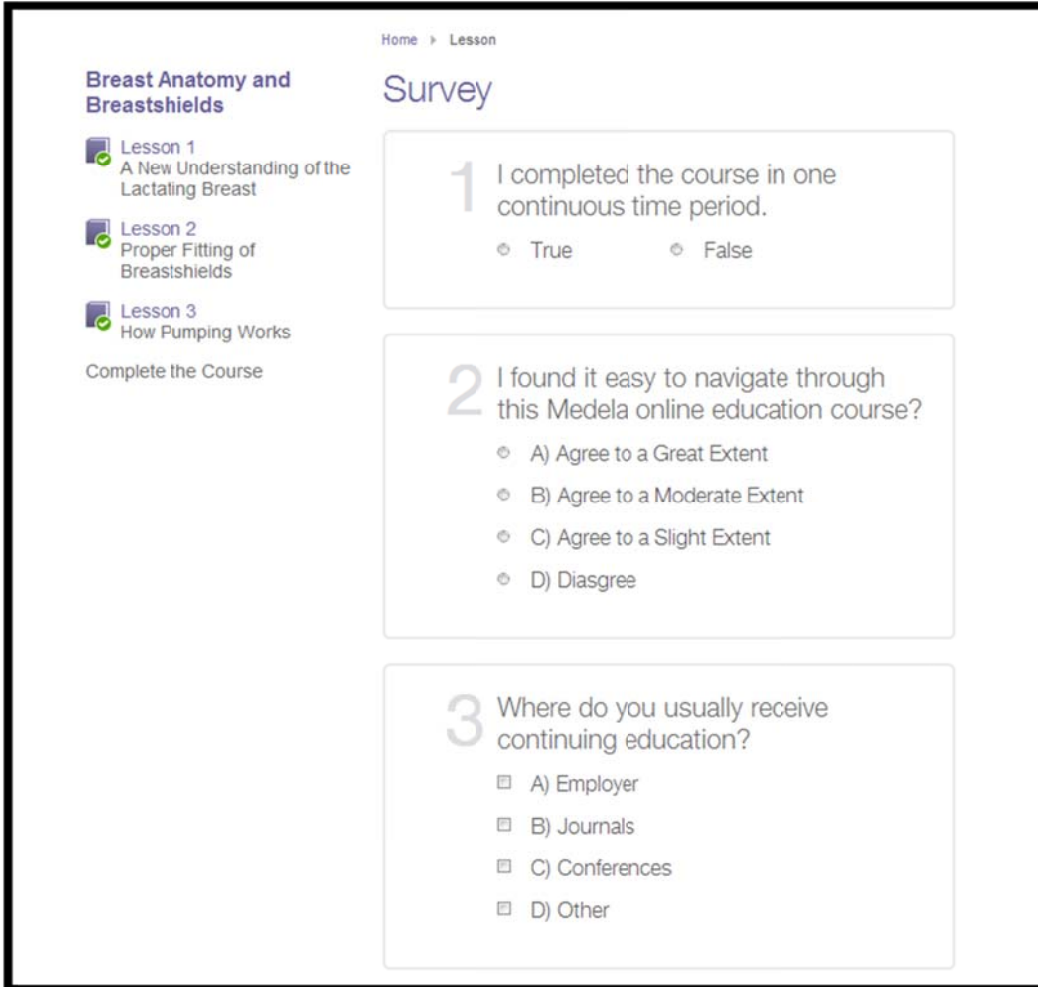
The next section depends on a number of variables.

Next Section	Variable
Lesson	You have not completed all Lessons in this Course.
Survey	You have successfully passed all Quizzes in this Course and a Survey is required.
Complete the Course	You have not received a passing grade. Review your scores and retake Quizzes until you achieve a passing grade. --OR-- You have successfully passed all Quizzes in this Course and there is no Survey required.

Survey Page

A **Survey** may be required to receive **Credit** for this **Course**.

Scroll down to answer the questions in the **Survey** and click the **Save and Submit** button to continue to the next page.



Home > Lesson

Breast Anatomy and Breastshields

- Lesson 1
A New Understanding of the Lactating Breast
- Lesson 2
Proper Fitting of Breastshields
- Lesson 3
How Pumping Works

Complete the Course

Survey

1 I completed the course in one continuous time period.

True False

2 I found it easy to navigate through this Medela online education course?

A) Agree to a Great Extent
 B) Agree to a Moderate Extent
 C) Agree to a Slight Extent
 D) Disagree

3 Where do you usually receive continuing education?

A) Employer
 B) Journals
 C) Conferences
 D) Other

You will only be able to take the **Survey** if you have received a passing grade on all **Quizzes**. Not all **Courses** contain a **Survey**. Check your **Course Results** on the **Complete the Course** page to see if you have achieved a passing grade and if a **Survey** is required.

Complete the Course Page




The **Complete the Course** page typically consists of four sections.

Section	Description
Instructions	Requirements to complete the Course.
Course Survey	A brief survey regarding your experience in the Course.
Course Results	Track your progress and view your Quiz scores.
Save Results and Exit Course	Save the Quiz scores you have achieved and return to My Medela Education Programs.

Below is an example of a student who has achieved a passing grade on their **Quizzes**, but has not submitted the **Survey** yet. **Final Result is No Credit.**

Home > Lesson

Breast Anatomy and Breastshields

-  Lesson 1
A New Understanding of the Lactating Breast
-  Lesson 2
Proper Fitting of Breastshields
-  Lesson 3
How Pumping Works

Complete the Course

Complete the Course

Instructions for Course Completion

Completion of this course requires the following:

1. Take each quiz at least once
2. Earn a combined percentage result of 70% or higher
3. Take the course survey (see below)





Once these requirements are met, your course results in the box below will display "Credit" in the Final Result field. Congratulations!

Course Survey

This course requires completion of a survey.

[Take the Survey](#)

Course Results




Activity	Result	Possible Points
 A New Understanding of the Lactating Breast Quiz	2	3
 Proper Fitting of Breastshields Quiz	3	3
 How Pumping Works Quiz	3	3
 Survey Results	-	-
Percentage Result	89 %	
Final Result	No Credit	

[Save Results and Exit Course](#)

Below is an example of a student who has completed all **Quizzes**, but has not achieved a passing grade on them. The **Take the Survey** button is not available to them yet. **Final Result is No Credit.**

Home > Lesson

Breast Anatomy and Breastshields

-  Lesson 1
A New Understanding of the Lactating Breast
-  Lesson 2
Proper Fitting of Breastshields
-  Lesson 3
How Pumping Works

Complete the Course

Complete the Course





Instructions for Course Completion

Completion of this course requires the following:

1. Take each quiz at least once
2. Earn a combined percentage result of 70% or higher
3. Take the course survey (see below)

Once these requirements are met, your course results in the box below will display "Credit" in the Final Result field. Congratulations!

Course Results




Activity	Result	Possible Points
 A New Understanding of the Lactating Breast Quiz	2	3
 Proper Fitting of Breastshields Quiz	1	3
 How Pumping Works Quiz	0	3
 Survey Results	-	-
Percentage Result	33 %	
Final Result	No Credit	

[Save Results and Exit Course](#)

The example below is of a student who has achieved a passing grade on all **Quizzes** and submitted the **Survey**. **Final Result is Credit**. Notice that the **Take the Survey** button changed to **Survey Complete**.

Home > Lesson

Breast Anatomy and Breastshields

-  Lesson 1
A New Understanding of the Lactating Breast
-  Lesson 2
Proper Fitting of Breastshields
-  Lesson 3
How Pumping Works

Complete the Course

Complete the Course

Instructions for Course Completion

Completion of this course requires the following:

1. Take each quiz at least once
2. Earn a combined percentage result of 70% or higher
3. Take the course survey (see below)






Once these requirements are met your course results in the box below will display "Credit" in the Final Result field. Congratulations!

Course Survey

This course requires completion of a survey.

Survey Complete

Course Results

Activity	Result	Possible Points
 A New Understanding of the Lactating Breast Quiz	2	3
 Proper Fitting of Breastshields Quiz	3	3
 How Pumping Works Quiz	3	3
 Survey Results		-
Percentage Result	89 %	
Final Result	Credit	

[Save Results and Exit Course](#)

PRINTING A CERTIFICATE

Once **Final Result** shows “**Credit**”, you can print a **Certificate of Completion**. Click **Save Results and Exit Course** to return to **My Medela Education Programs**.

Scroll down to **My Completed Courses** and click the **Print Certificate** link for the **Course**.

My Completed Courses					
<u>Course Name</u>	<u>Date Completed</u>	<u>Program</u>	<u>Format</u>	<u>Credit</u>	
Breast Anatomy and Breastshields	4/30/2012	Preparing for Cutover	Online	Nursing - 1.0 Contact Hours Dietitian - 1.0 CPE Credits ACNM - 0.1 CEU	Print Certificate
Best Practices for Warming Human Milk in the NICU - Online	4/27/2012	Preparing for Cutover	Online	Nursing - 1.0 Contact Hours	Print Certificate
Balancing the Nutritional Needs of Very Low Birth Weight Infants with the Protective Properties of Human Milk	4/27/2012	Preparing for Cutover	Online	Nursing - 1.5 Contact Hours Dietitian - 1.5 CPE Credits	Print Certificate

A .PDF version of the **Certificate of Completion** will be available for you to print.

